

# BOISE PARKS AND RECREATION AdVenture

2022  
NEWSLETTER  
January & February

 [Facebook.com/BPRAdVentureProgram](https://www.facebook.com/BPRAdVentureProgram)

[cityofboise.org/adaptive-recreation](https://cityofboise.org/adaptive-recreation)



Happy New Year from AdVenture! Boise Parks and Recreation's winter and spring registration opened on December 6 and we were thrilled to see such a large interest in AdVenture programs. There is still room in many programs, but if an activity you are interested in is full, please ask to be added to the waiting list as sometimes spots open (this also helps us gauge interest in programs so we can plan for future seasons). View Boise Parks and Recreation's Winter and Spring Activity Guide at [cityofboise.org/Adaptive-Recreation](https://cityofboise.org/Adaptive-Recreation) to see all the programs that are offered. Adaptive Recreation programs start on page 44 (this newsletter will highlight programs that are offered in January and February).

Advanced registration is required for all activities, please call 208-608-7680 or visit [cityofboise.org](https://cityofboise.org) to enroll (scholarships cannot be applied to online registrations). We hope to see you this winter and spring!



## CERAMICA AND LUNCH

Get creative painting a piece of pottery from Ceramica and then eat takeout lunch. We will stay at the Senior Center for this activity. This activity is for participants age 16 and older.

**Location:** Dick Eardley Senior Center

| Date (Saturdays): | Time:              | Cost: | Activity #: |
|-------------------|--------------------|-------|-------------|
| January 22        | 10 a.m.-12:30 p.m. | \$31  | 200744-01   |
| February 26       |                    |       | 200744-02   |



## DINE AND DECORATE

Get creative with AdVenture! We will eat dinner at the Community Center and then create a seasonally themed arts and crafts project. This activity is for participants age 16 and older.

**Location:** Dick Eardley Senior Center

| Date (Tuesdays):             | Time:       | Cost: | Activity #: |
|------------------------------|-------------|-------|-------------|
| January 11 (Snow)            | 5:30-8 p.m. | \$31  | 200545-01   |
| February 8 (Valentine's Day) |             |       | 200545-02   |

## DINNER AND A MOVIE

Enjoy dinner and a movie at these fun, social evenings! We will have takeout dinner and watch a movie at the Community Center. During dinner, we will decide as a group which movie (rated G to PG-13) to watch. This activity is for participants age 18 and older. Please see the Activity Guide for additional spring dates.

**Location:** Dick Eardley Senior Center

| Date (Fridays): | Time:          | Cost:   | Activity #: |
|-----------------|----------------|---------|-------------|
| January 14      | 5:30-8:30 p.m. | \$23.50 | 200203-01   |
| January 21      |                |         | 200203-02   |
| January 28      |                |         | 200203-03   |
| February 11     |                |         | 200203-04   |
| February 18     |                |         | 200203-05   |
| February 25     |                |         | 200203-06   |
| March 4         | 300203-01      |         |             |

## GAME NIGHT AND DINNER

We will play a variety of board games, BINGO, beanbag toss, curling and much more. We will also eat pizza and make ice cream sundaes! This activity is for participants age 16 and up.

**Location:** Dick Eardley Senior Center

| Date (Saturdays): | Time:       | Cost: | Activity #: |
|-------------------|-------------|-------|-------------|
| February 12       | 5-7:30 p.m. | \$20  | 200510-01   |
| March 12          |             |       | 300510-01   |

## GUYS' NIGHT

Gentlemen, we have a fun evening planned just for the guys! We will play games, listen to music, and socialize over a pizza dinner. This activity is for participants age 18 and up.

**Location:** Dick Eardley Senior Center

| Date:            | Time:       | Cost: | Activity #: |
|------------------|-------------|-------|-------------|
| Tuesday, March 1 | 5:30-8 p.m. | \$20  | 300229-01   |

## LADIES' NIGHT

Ladies, we have some fun evenings planned just for the gals! We will play games, listen to music, and socialize over a pizza dinner. This activity is for participants age 18 and up.

**Location:** Dick Eardley Senior Center

| Date:            | Time:       | Cost: | Activity #: |
|------------------|-------------|-------|-------------|
| Tuesday, March 8 | 5:30-8 p.m. | \$20  | 300228-01   |



## MUSIC NIGHT AND DINNER

We have a super fun music night planned! We will make our own instruments, play drums and other percussion instruments, sing along to music videos and socialize over takeout dinner. This activity is for participants age 18 and older.

**Location:** Dick Eardley Senior Center

| Date:               | Time:       | Cost: | Activity #: |
|---------------------|-------------|-------|-------------|
| Tuesday, January 25 | 5:30-8 p.m. | \$31  | 200546-01   |

## SCIENCE NIGHT AND DINNER

We have a super fun STEM night planned! We will create some cool science projects and socialize over takeout dinner. This activity is for participants age 16 and older.

**Location:** Dick Eardley Senior Center

| Date:              | Time:       | Cost: | Activity #: |
|--------------------|-------------|-------|-------------|
| Friday, February 4 | 5:30-8 p.m. | \$31  | 200206-01   |



## ADAPTIVE ART CLASS

This is the perfect class for participants with disabilities who want to explore several different forms of art ranging from pottery, drawing, painting and much more! The fee includes instruction and supplies. This program is for participants of all skill levels age 15 and older.

**Location:** Fort Boise Community Center

| Date:                           | Time:          | Cost:   | Activity #: |
|---------------------------------|----------------|---------|-------------|
| Mondays, January 24-March 14*   | 4:15-5:30 p.m. | \$48.47 | 200539-01   |
| Saturdays, January 22-March 12* | 10-11:15 a.m.  |         | 200539-02   |
| Mondays, March 28-May 16        | 4:15-5:30 p.m. | \$55.25 | 300539-01   |
| Saturdays, April 2-May 21       | 10-11:15 a.m.  |         | 300539-02   |

\*No class February 19 and 21

## ADAPTIVE YOGA CLASS

Yoga helps to improve flexibility, strength, balance and provides an opportunity to work on body awareness and the ability to relax. This program is for participants age 15 and older.

**Location:** Dick Eardley Senior Center

| Date (Mondays):      | Time:          | Cost: | Activity #: |
|----------------------|----------------|-------|-------------|
| January 24-March 14* | 5:30-6:30 p.m. | \$43  | 200753-01   |
| March 28-May 16      | 5:30-6:30 p.m. | \$49  | 300753-01   |

\*No class February 21



## DANCE ABILITY

Explore various styles of dancing, rhythm and music. Students will learn to increase their strength, flexibility and coordination through dance. This program is for participants age 12 and older.

**Location:** Fort Boise Community Center

| Date (Wednesdays): | Time:          | Cost:   | Activity #: |
|--------------------|----------------|---------|-------------|
| January 19-March 9 | 3-4 p.m.       | \$37.80 | 200538-01   |
| January 19-March 9 | 4:15-5:15 p.m. |         | 200538-02   |
| March 30-May 18    | 3-4 p.m.       |         | 300538-01   |
| March 30-May 18    | 4:15-5:15 p.m. |         | 300538-02   |

## ADAPTIVE FITNESS

Join our fitness class and work on stretching, band workouts and aerobic activity. Class is structured for different levels of ability. The 4 p.m. class will focus on more advanced techniques and students must be able to follow two-step directions. This activity is for participants age 15 and older.

**Location:** Fort Boise Community Center

| Date (Tuesdays & Thursdays): | Time:    | Cost:   | Activity #: |
|------------------------------|----------|---------|-------------|
| January 18-March 10          | 3-4 p.m. | \$58.50 | 200728-01   |
| January 18-March 10          | 4-5 p.m. |         | 200728-02   |
| March 29-May 19              | 3-4 p.m. |         | 300728-01   |
| March 29-May 19              | 4-5 p.m. |         | 300728-02   |



## CUSTOMIZED ACTIVITIES FOR GROUPS

AdVenture offers a variety of adaptive recreation opportunities for groups. We use the expertise and resources of the AdVenture program to customize recreation programs that meet your group's specific needs and goals. For more information, please contact Emily at 208-608-7687.

### ACTIVITIES CAN INCLUDE:

- Pottery and Art Classes on Fridays (Access to the Arts)
- Dance Classes
- Disc Golf
- Drumming and Poi
- Outdoor Adventures (Hiking, Snowshoeing, Cycling, etc.)

## DONATIONS WELCOME!

Scholarship monies are raised from fundraising events and individual donors. If you would like to donate to this wonderful program, we could use your assistance. All donations to this program are tax deductible. Please send your donations to the AdVenture Heritage Fund, Boise Parks and Recreation, 700 Robbins Road, Boise, Idaho 83702, or donate with a credit card by calling 208-608-7680. Your support in providing recreation opportunities for others is greatly appreciated!

# JANUARY 2022

facebook.com/bpradventureprogram | cityofboise.org/adaptive-recreation

| SU        | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   |
|-----------|--|--|--|--|--|--|
|           |  |  |  |  |  | <b>1</b><br>New Year's Day   |
| <b>2</b>  | <b>3</b>   | <b>4</b>   | <b>5</b><br>Wheelchair Rugby<br>12-2:30 p.m. FBCC  | <b>6</b>   | <b>7</b>   | <b>8</b><br>Youth Adaptive Sports Clinic<br>10:30 a.m.-3:30 p.m. FBCC<br>Wheelchair Rugby<br>4-6:30 p.m. FBCC  |
| <b>9</b>  | <b>10</b>  | <b>11</b><br>Dine & Decorate<br>5:30-8 p.m. DESC   | <b>12</b><br>Wheelchair Rugby<br>12-2:30 p.m. FBCC   | <b>13</b>  | <b>14</b><br>Dinner & a Movie<br>5:30-8:30 p.m. DESC   | <b>15</b><br>Wheelchair Rugby<br>1:15-3:45 p.m. FBCC<br>Skills & Drills<br>Wheelchair Basketball<br>4:15-5:15 p.m. FBCC<br>Wheelchair Basketball<br>5:30-7:30 p.m. FBCC  |
| <b>16</b> | <b>17</b><br>Martin Luther King Jr<br>Holiday  | <b>18</b><br>Adaptive Fitness<br>3-4 p.m. FBCC<br>4-5 p.m. FBCC                                    | <b>19</b><br>Wheelchair Rugby<br>12-2:30 p.m. FBCC<br>Dance Ability<br>3-4 p.m. FBCC<br>4:15-5:15 p.m. FBCC<br>Wednesday Social Club<br>6-8:30 p.m. MNCC | <b>20</b><br>Fitness Class<br>3-4 p.m. FBCC<br>4-5 p.m. FBCC<br>Music Class<br>4:30-5:30 p.m. DESC<br>5:45-6:45 p.m. DESC<br>Thursday Social Club<br>6-8:30 p.m. WCC | <b>21</b><br>Dinner & a Movie<br>5:30-8:30 p.m. DESC<br>Friday Social Club<br>6:30-9 p.m. DESC | <b>22</b><br>Adaptive Art<br>10-11:15 a.m. FBCC<br>Ceramica & Lunch<br>10 a.m.-12:30 p.m. DESC<br>Wheelchair Rugby<br>1:15-3:45 p.m. FBCC<br>Skills & Drills<br>Wheelchair Basketball<br>4:15-5:15 p.m. FBCC<br>Wheelchair Basketball<br>5:30-7:30 p.m. FBCC |
| <b>23</b> | <b>24</b><br>Adaptive Art<br>4:15-5:30 p.m. FBCC<br>Adaptive Yoga<br>5:30-6:30 p.m. DESC | <b>25</b><br>Adaptive Fitness<br>3-4 p.m. FBCC<br>4-5 p.m. FBCC<br>Music Night<br>5:30-8 p.m. DESC | <b>26</b><br>Wheelchair Rugby<br>12-2:30 p.m. FBCC<br>Dance Ability<br>3-4 p.m. FBCC<br>4:15-5:15 p.m. FBCC<br>Wednesday Social Club<br>6-8:30 p.m. MNCC | <b>27</b><br>Fitness Class<br>3-4 p.m. FBCC<br>4-5 p.m. FBCC<br>Music Class<br>4:30-5:30 p.m. DESC<br>5:45-6:45 p.m. DESC<br>Thursday Social Club<br>6-8:30 p.m. WCC | <b>28</b><br>Dinner & a Movie<br>5:30-8:30 p.m. DESC<br>Friday Social Club<br>6:30-9 p.m. DESC | <b>29</b><br>Adaptive Art<br>10-11:15 a.m. FBCC<br>Wheelchair Rugby<br>1:15-3:45 p.m. FBCC<br>Skills & Drills<br>Wheelchair Basketball<br>4:15-5:15 p.m. FBCC<br>Wheelchair Basketball<br>5:30-7:30 p.m. FBCC  |
| <b>30</b> | <b>31</b><br>Adaptive Art<br>4:15-5:30 p.m. FBCC<br>Adaptive Yoga<br>5:30-6:30 p.m. DESC |  |  |  |  |  |

## ABBREVIATION KEY & ADDRESSES

BSU – Boise State University Student Union Building, 1910 University Dr.  
 DESC – Dick Eardley Senior Center, 690 Robbins Rd.  
 FBCC – Fort Boise Community Center, 700 Robbins Rd.  
 Municipal – Kristin Armstrong Municipal Park, 500 S. Walnut St.  
 MNCC – Morley Nelson Community Center, 7701 W. Northview St.  
 WCC – Whitney Community Center, 1609 S. Owyhee St.

## ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik & Sonya Buchholz  
 208-608-7680  
 TDD/TTY 800-377-3529

AdVentureProgram@cityofboise.org  
 Cityofboise.org/adaptive-recreation

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at [cityofboise.org/adaptive-recreation](http://cityofboise.org/adaptive-recreation)



**PARKS AND RECREATION**

# FEBRUARY 2022

facebook.com/bpradventureprogram | cityofboise.org/adaptive-recreation

| SU | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   |
|----|--|---|---|---|---|--|
|    |  | <b>1</b><br><b>Adaptive Fitness</b><br>3-4 p.m. FBCC<br>4-5 p.m. FBCC   | <b>2</b><br><b>Wheelchair Rugby</b><br>12-2:30 p.m. FBCC<br><b>Dance Ability</b><br>3-4 p.m. FBCC<br>4:15-5:15 p.m. FBCC<br><b>Wednesday Social Club</b><br>6-8:30 p.m. MNCC  | <b>3</b><br><b>Fitness Class</b><br>3-4 p.m. FBCC<br>4-5 p.m. FBCC<br><b>Music Class</b><br>4:30-5:30 p.m. DESC<br>5:45-6:45 p.m. DESC<br><b>Thursday Social Club</b><br>6-8:30 p.m. WCC  | <b>4</b><br><b>Science Night &amp; Dinner</b><br>5:30-8 p.m. DESC<br><b>Friday Social Club</b><br>6:30-9 p.m. DES | <b>5</b><br><b>Adaptive Art</b><br>10-11:15 a.m. FBCC<br><b>Wheelchair Rugby</b><br>1:15-3:45 p.m. FBCC<br><b>Skills &amp; Drills</b><br><b>Wheelchair Basketball</b><br>4:15-5:15 p.m. FBCC<br><b>Wheelchair Basketball</b><br>5:30-7:30 p.m. FBCC  |
| 6  | <b>7</b><br><b>Adaptive Art</b><br>4:15-5:30 p.m. FBCC<br><b>Adaptive Yoga</b><br>5:30-6:30 p.m. DESC  | <b>8</b><br><b>Adaptive Fitness</b><br>3-4 p.m. FBCC<br>4-5 p.m. FBCC<br><b>Dine &amp; Decorate</b><br>5:30-8 p.m. FBCC | <b>9</b><br><b>Wheelchair Rugby</b><br>12-2:30 p.m. FBCC<br><b>Dance Ability</b><br>3-4 p.m. FBCC<br>4:15-5:15 p.m. FBCC<br><b>Wednesday Social Club</b><br>6-8:30 p.m. MNCC  | <b>10</b><br><b>Fitness Class</b><br>3-4 p.m. FBCC<br>4-5 p.m. FBCC<br><b>Music Class</b><br>4:30-5:30 p.m. DESC<br>5:45-6:45 p.m. DESC<br><b>Thursday Social Club</b><br>6-8:30 p.m. WCC | <b>11</b><br><b>Dinner &amp; Movie</b><br>5:30-8:30 p.m. DESC<br><b>Friday Social Club</b><br>6:30-9 p.m. DESC    | <b>12</b><br><b>Adaptive Art</b><br>10-11:15 a.m. FBCC<br><b>Wheelchair Rugby</b><br>1:15-3:45 p.m. FBCC<br><b>Skills &amp; Drills</b><br><b>Wheelchair Basketball</b><br>4:15-5:15 p.m. FBCC<br><b>Wheelchair Basketball</b><br>5:30-7:30 p.m. FBCC<br><b>Game Night &amp; Dinner</b><br>5-7:30 p.m. DESC     |
| 13 | <b>14</b><br><b>Adaptive Art</b><br>4:15-5:30 p.m. FBCC<br><b>Adaptive Yoga</b><br>5:30-6:30 p.m. DESC | <b>15</b><br><b>Adaptive Fitness</b><br>3-4 p.m. FBCC<br>4-5 p.m. FBCC  | <b>16</b><br><b>Wheelchair Rugby</b><br>12-2:30 p.m. FBCC<br><b>Dance Ability</b><br>3-4 p.m. FBCC<br>4:15-5:15 p.m. FBCC<br><b>Wednesday Social Club</b><br>6-8:30 p.m. MNCC | <b>17</b><br><b>Fitness Class</b><br>3-4 p.m. FBCC<br>4-5 p.m. FBCC<br><b>Music Class</b><br>4:30-5:30 p.m. DESC<br>5:45-6:45 p.m. DESC<br><b>Thursday Social Club</b><br>6-8:30 p.m. WCC | <b>18</b><br><b>Dinner &amp; Movie</b><br>5:30-8:30 p.m. DESC<br><b>Friday Social Club</b><br>6:30-9 p.m. DESC    | <b>19</b><br><b>No Adaptive Art</b><br><b>Wheelchair Rugby</b><br>1:15-3:45 p.m. FBCC<br><b>Skills &amp; Drills</b><br><b>Wheelchair Basketball</b><br>4:15-5:15 p.m. FBCC<br><b>Wheelchair Basketball</b><br>5:30-7:30 p.m. FBCC  |
| 20 | <b>21</b><br><b>No Art or Yoga Class</b>   | <b>22</b><br><b>Adaptive Fitness</b><br>3-4 p.m. FBCC<br>4-5 p.m. FBCC  | <b>23</b><br><b>Wheelchair Rugby</b><br>12-2:30 p.m. FBCC<br><b>Dance Ability</b><br>3-4 p.m. FBCC<br>4:15-5:15 p.m. FBCC<br><b>Wednesday Social Club</b><br>6-8:30 p.m. MNCC | <b>24</b><br><b>Fitness Class</b><br>3-4 p.m. FBCC<br>4-5 p.m. FBCC<br><b>Music Class</b><br>4:30-5:30 p.m. DESC<br>5:45-6:45 p.m. DESC<br><b>Thursday Social Club</b><br>6-8:30 p.m. WCC | <b>25</b><br><b>Dinner &amp; a Movie</b><br>5:30-8:30 p.m. DESC<br><b>Friday Social Club</b><br>6:30-9 p.m. DESC  | <b>26</b><br><b>Adaptive Art</b><br>10-11:15 a.m. FBCC<br><b>Ceramica &amp; Lunch</b><br>10 a.m.-12:30 p.m. DESC<br><b>Wheelchair Rugby</b><br>1:15-3:45 p.m. FBCC<br><b>Skills &amp; Drills</b><br><b>Wheelchair Basketball</b><br>4:15-5:15 p.m. FBCC<br><b>Wheelchair Basketball</b><br>5:30-7:30 p.m. FBCC |
| 27 | <b>28</b><br><b>Adaptive Art</b><br>4:15-5:30 p.m. FBCC<br><b>Adaptive Yoga</b><br>5:30-6:30 p.m. DESC |   |   |   |   |  |

## MORE ADAPTIVE RECREATION IN THE TREASURE VALLEY

### ADAPTIVE SKIING & SNOWBOARDING



Boise Adaptive Snowsport Education (previously named Recreation Unlimited) offers adaptive alpine snow skiing and snowboarding opportunities at Bogus Basin for people with disabilities. Learn more at [baseidaho.org](http://baseidaho.org).

### AQUABILITY



AquAbility offers swimming clinics for individuals with disabilities. Visit [aquability.org](http://aquability.org) to learn more.

### CHALLENGED ATHLETES FOUNDATION IDAHO

Offers adaptive sports clinics and equipment grants. Learn more at [challengedathletes.org/idaho](http://challengedathletes.org/idaho).

### GAME CHANGERS IDAHO

Adaptive flag football, soccer and clinics for youth (grades K-12). Visit [gamechangersidaho.com](http://gamechangersidaho.com) to learn more.

### SPECIAL OLYMPICS IDAHO

Training and athletic competitions for people with intellectual disabilities. Learn more at [idso.org/idaho](http://idso.org/idaho).



### ADAPTIVE MUSIC CLASS

Learn about music in this fun, hands on class! Students will have the opportunity to play a variety of percussion instruments, drums, sing and more. This class is designed for individuals age 12 and older and no music experience is needed.

**Location:** Dick Eardley Senior Center

| Date:               | Time:          | Cost:   | Activity #: |
|---------------------|----------------|---------|-------------|
| January 20-March 10 | 4:30-5:30 p.m. | \$37.80 | 200764-01   |
| January 20-March 10 | 5:45-6:45 p.m. |         | 200764-02   |
| March 31-May 19     | 4:30-5:30 p.m. |         | 300764-01   |
| March 31-May 19     | 5:45-6:45 p.m. |         | 300764-02   |

### ADAPTIVE ICE SKATING

This adaptive recreation program is designed to give individuals with disabilities the opportunity to develop their ice skating skills. Students will receive instruction based upon their individual needs and goals. Some adaptive equipment is available for use at no extra cost. Various days and times available. Call 208-608-7718 to learn more and to register.

## SOCIAL CLUBS

These clubs are ideal social opportunities for adults with disabilities. Activities may include games, art, dinner and more! Members of the club will have the opportunity to work on money management and will need to bring \$2-\$7 for each day to cover activity costs. Register early, these clubs fill up fast!

### WEDNESDAY SOCIAL CLUB (ages 18+)

**Location:** Morley Nelson Community Center

| Date (Wednesdays): | Time:       | Cost: | Activity #: |
|--------------------|-------------|-------|-------------|
| January 19-March 9 | 6-8:30 p.m. | \$89  | 200320-01   |
| March 30-May 11    |             | \$78  | 300320-01   |

### THURSDAY SOCIAL CLUB (ages 18+)

**Location:** Whitney Community Center

| Date (Thursdays):   | Time:       | Cost: | Activity #: |
|---------------------|-------------|-------|-------------|
| January 20-March 10 | 6-8:30 p.m. | \$89  | 200300-01   |
| March 31-May 12     |             | \$78  | 300300-01   |

### FRIDAY SOCIAL CLUB (ages 18-32)

**Location:** Dick Eardley Senior Center

| Date (Fridays):     | Time:       | Cost: | Activity #: |
|---------------------|-------------|-------|-------------|
| January 21-March 11 | 6-8:30 p.m. | \$89  | 200310-01   |
| April 1-May 13      |             | \$78  | 300310-01   |

*Thank you for volunteering!*

### VOLUNTEER SPOTLIGHT NOVEMBER & DECEMBER

|                  |               |
|------------------|---------------|
| Addie Kaess      | Kyle Kovarik  |
| Baylee Sanderson | Larry Buttel  |
| Connor Kovarik   | Nick Clark    |
| Ed Kovarik       | Randy Geile   |
| Jackie Dierdorff | Sonia Galaviz |
| Jeff Jack        | Tayla Taylor  |
| Jeff Sparks      | Toby Lund     |





# BOISE PARKS AND RECREATION AdVenture SEEKER PROGRAMS

Individuals with physical disabilities are welcome to sign up for any programs mentioned in this Newsletter and the Boise Parks and Recreation Activity Guide. However, the following 'AdVenture Seeker' programs are designed specifically for people with physical disabilities and their friends/family.



## YOUTH ADAPTIVE SPORTS CLINIC

Junior athletes don't miss out on a day of camp in January! This fun, one-day clinic for youth (age 6-19) will involve all kinds of sports! We will try curling, fitness, wheelchair tennis, basketball and other sports. Lunch will be provided. Youth with physical disabilities who use a wheelchair, AFO braces, walker or crutches are welcome to attend. Taught by athletes who play adaptive sports, the clinic will involve fun games and instruction by coaches who specialize in the different sports.

**Location:** Fort Boise Community Center

| Date:               | Time:                | Cost: | Activity #: |
|---------------------|----------------------|-------|-------------|
| Saturday, January 8 | 10:30 a.m.-3:30 p.m. | \$22  | 200709-01   |

## WHEELCHAIR RUGBY

This Paralympic Sport is a fast-paced and high contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well! During practice you will learn the rules, develop your skills and scrimmage during this competitive practice time. Rugby wheelchairs are provided for your use. This program is for individuals age 18 and older however teens may enroll if accompanied by an adult.

**Location:** Fort Boise Community Center

| Date:                             | Time:          | Cost:   | Activity #: |
|-----------------------------------|----------------|---------|-------------|
| Wednesdays, January 5-February 23 | 12-2:30 p.m.   | \$30.50 | 200706-01   |
| Saturdays, January 8-February 26* | 1:15-3:45 p.m. | \$30.50 | 200706-02   |
| Wednesdays, March 2-April 27*     | 12-2:30 p.m.   | \$30.50 | 300706-01   |
| Saturdays, March 5-April 30*      | 1:15-3:45 p.m. | \$30.50 | 300706-02   |

\*On January 8 rugby will be held from 4-6:30 p.m. No Rugby March 23 and 26

## WHEELCHAIR BASKETBALL

Come play wheelchair basketball. The first hour is designed for beginning and intermediate players and the second hour will be more competitive. You do not have to have a disability to play, wheelchairs are provided. Youth under 18 are welcome but must be accompanied by an adult. Please register for this session, drop-in is not available.

**Location:** Fort Boise Community Center

| Date (Saturdays):      | Time:          | Cost:   | Activity #: |
|------------------------|----------------|---------|-------------|
| January 15-February 26 | 5:30-7:30 p.m. | \$23.10 | 200708-01   |
| March 5-April 30*      | 5:30-7:30 p.m. | \$26.25 | 300708-01   |

\*No practice March 26

## WHEELCHAIR BASKETBALL – SKILLS AND DRILLS CLASS

Learn how to play wheelchair basketball. Beginners and experts ages eight and older are welcome at this wheelchair basketball skills development class. You do not have to have a disability to play, basketball wheelchairs are provided. Please register for the session, drop-in is not available.

**Location:** Fort Boise Community Center

| Date (Saturdays):      | Time:          | Cost:   | Activity #: |
|------------------------|----------------|---------|-------------|
| January 15-February 26 | 4:15-5:15 p.m. | \$23.10 | 200780-01   |
| March 5-April 30*      | 4:15-5:15 p.m. | \$26.25 | 300780-01   |

\*No class March 26



**CITY of BOISE**  
PARKS AND RECREATION  
DEPARTMENT  
P.O. Box 500 | Boise, Idaho 83701-0500

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## MISSION STATEMENT

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.

**DON'T WAIT,  
REGISTER NOW!  
CALL: 208-608-7680**

In order to provide the best possible service to our participants, we require advance registration for all of our programs. To sign up for any of the programs you see in this newsletter please come in or call Fort Boise Community Center at 208-608-7680. You can also sign up anytime online at [cityofboise.org/adaptive-recreation](http://cityofboise.org/adaptive-recreation). Sometimes courses fill up or are canceled because people wait too long to register. Please register early to avoid disappointment!

## FINANCIAL SCHOLARSHIPS

Boise Parks and Recreation offers percentage based financial scholarships to qualified youth and adults with disabilities. To find out if you qualify for a scholarship, apply in advance at Fort Boise Community Center or download the form at [cityofboise.org/Adaptive-Recreation](http://cityofboise.org/Adaptive-Recreation). Scholarship applications may take up to two weeks to process so turn your form in before you wish to register for programs. Call 208-608-7680 for more information

## WE OFFER ACCOMMODATIONS FOR YOU!

New classes have begun! If you did not get the opportunity to sign up for AdVenture programs that are adapted for individuals with disabilities, we encourage you to sign up for other classes and programs offered through Boise Parks and Recreation. We can provide modifications (such as sign language interpreters, enhanced staff, etc.) so that you can fully participate. Upon registration please notify Emily at 208-608-7680 if special accommodations may be needed (at least two weeks advance notice is required).

## TRANSPORTATION

Participants are responsible for providing their own transportation to and from their home to the community center or park where the program is based out of. AdVenture staff are not responsible for individuals dropped off before the noted meeting time. Valley Regional Transit has a variety of transportation resources including Access Bus, SCRIP Taxi vouchers and bus service. Call 208-345-7433 or visit [valleyregionaltransit.org](http://valleyregionaltransit.org) to learn more.



## PROGRAMMING NOTE

As COVID-19 restrictions change, new classes may be offered. Visit [cityofboise.org/parks](http://cityofboise.org/parks) for most up to date class offerings.

Listed activities could be altered or cancelled due to COVID-19 restrictions and safety precautions. Masks are required for ages 2 and up. Please visit [cityofboise.org/parks](http://cityofboise.org/parks) or call 208-608-7680 for more information.