2021

Facebook.com/BPRAdVentureProgram

cityofboise.org/adaptive-recreation

Happy Summer! Many AdVenture summer programs are full. However, the classes and activities listed below still have some open spots. View all of our summer offerings in the Boise Parks and Recreation Activity Guide or visit cityofboise.org/departments/parksand-recreation/activity-registration for a list of current openings. If there is program that is full, you can be added to the waiting list at no charge. If a spot opens up, we will give you a call and you can decide at that time if you still wish to register. Call 208-608-7680 to learn more and to register. We hope to see you this summer!



#### **DANCE ABILITY**

Increase your strength, flexibility and coordination while exploring various styles of dancing, rhythm and music. This program is for participants age 12 and older.

Location: Fort Boise Community Center

Date (Wednesdays):	Time:	Cost:	Activity #:
July 7-August 25	3-4 p.m.	\$37	400538-03

# LADIES' NIGHT

We will watch a movie at the Senior Center, eat pizza and hang out with friends! This activity is for participants age 18 and older.

Location: Dick Eardley Senior Center

Date (Tuesday):	Time:	Cost:	Activity #:	
July 20	5:30-8:30 p.m.	\$21.50	400229-02	

#### ADAPTIVE MUSIC CLASS

Students will have the opportunity to play a variety of percussion instruments, drums, sing and more. This class is designed for individuals who have disabilities age 12 and older.

Location: Dick Eardley Senior Center

Date (Thursdays):	Time:	Cost:	Activity #:
July 8-August 26	5:45-6:45 p.m.	\$37	400764-04

#### **CERAMICA & LUNCH - NEW DATE ADDED!**

Get creative painting a piece of pottery from Ceramica and then eat takeout lunch at the Community Center. This activity is for participants age 16 and older.

Location: Dick Eardley Senior Center

Date (Saturday):	Time:	Cost:	Activity #:
August 7	10 a.m12:30 p.m.	\$30	400744-03

# SAVE THE DATE FOR FALL REGISTRATION!

Monday, August 23 for Boise City Residents | Wednesday, August 25 for Non-Residents

The Fall Activity Guide will be posted online the week prior to the opening of registration at cityofboise.org/Adaptive-Recreation.

SU	МО	NDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Wheelchair Rugby 6-8:30 p.m. FBCC	2	3
4 Inde	ependence	5 No classes	6 Adaptive Fitness 4-5 p.m. FBCC Wheelchair Rugby 6-8:30 p.m. FBCC	7 Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	8 Adaptive Fitness 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC Wheelchair Rugby 6-8:30 p.m. FBCC	9 Zoo & Dinner 3-6 p.m. ZOO Friday Social Club 6:30-9 p.m. DESC	10
11	12 Adaptive A 4:15-5:30 p. Adaptive Y 5:30-6:30 p.	m. FBCC oga	Adaptive Fitness 4-5 p.m. FBCC Guys' Night 5:30-8:30 p.m. DESC Wheelchair Rugby 6-8:30 p.m. FBCC	14  Adaptive Bike Ride 9-10:30 a.m. KAMP  Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC  Wednesday Social Club 6-8:30 p.m. MNCC	Adaptive Fitness 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC Wheelchair Rugby 6-8:30 p.m. FBCC	16 Dinner & a Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	17 Game Night 5:30-8 p.m. DESC
18	19 Adaptive A 4:15-5:30 p. Adaptive Yo 5:30-6:30 p.	m. FBCC oga	20 Adaptive Fitness 4-5 p.m. FBCC Ladies' Night 5:30-8:30 p.m. DESC Wheelchair Rugby 6-8:30 p.m. FBCC	21 Adaptive Bike Ride 9-10:30 a.m. KAMP Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	Adaptive Fitness 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC Wheelchair Rugby 6-8:30 p.m. FBCC	23 Dinner & a Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	24 Ceramica & Lunch 10 a.m12:30 p.m. DESC
25	26 Adaptive A 4:15-5:30 p. Adaptive Y 5:30-6:30 p.	m. FBCC oga	27 Adaptive Fitness 4-5 p.m. FBCC Dine & Decorate 5:30-8 p.m. DESC Wheelchair Rugby 6-8:30 p.m. FBCC	28 Adaptive Bike Ride 9-10:30 a.m. KAMP Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	Adaptive Fitness 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC Wheelchair Rugby 6-8:30 p.m. FBCC	30 Dinner & a Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	31

#### **ABBREVIATION KEY & ADDRESSES**

ALB - Kathryn Albertson Park, 1001 S. Americana Blvd.

DESC - Dick Eardley Senior Center, 690 Robbins Rd.

FBCC – Fort Boise Community Center, 700 Robbins Rd.

KAMP – Kristin Armstrong Municipal Park, 500 S. Walnut St.

MNCC – Morley Nelson Community Center, 7701 W. Northview St.

WCC - Whitney Community Center, 1609 S. Owyhee St.

ZOO - Zoo Boise, 355 Julia Davis Dr.

#### ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik & Sonya Buchholz 208-608-7680 TDD/TTY 800-377-3529 AdVentureProgram@cityofboise.org Cityofboise.org/adaptive-recreation

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at <a href="mailto:cityofboise.org/adaptive-recreation">cityofboise.org/adaptive-recreation</a>



SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Adaptive Art 4:15-5:30 p.m. FBCC Adaptive Yoga 5:30-6:30 p.m. DESC	Adaptive Fitness 4-5 p.m. FBCC Wheelchair Rugby 6-8:30 p.m. FBCC	4 Adaptive Bike Ride 9-10:30 a.m. KAMP Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	Adaptive Fitness 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC Wheelchair Rugby 6-8:30 p.m. FBCC	6 Dinner & a Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	7 Ceramica & Lunch 10 a.m12:30 p.m. DESC
8	9 Adaptive Art 4:15-5:30 p.m. FBCC Adaptive Yoga 5:30-6:30 p.m. DESC	Adaptive Fitness 4-5 p.m. FBCC Zoo & Dinner 3-6 p.m. ZOO Wheelchair Rugby 6-8:30 p.m. FBCC	11 Adaptive Bike Ride 9-10:30 a.m. KAMP Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	Adaptive Fitness 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC Wheelchair Rugby 6-8:30 p.m. FBCC	Dinner & a Movie 5:30-8:30 p.m. DESC Friday Social Club 6:30-9 p.m. DESC	14 Game Night 5:30-8 p.m. DESC
15	Adaptive Art 4:15-5:30 p.m. FBCC Adaptive Yoga 5:30-6:30 p.m. DESC	Adaptive Fitness 4-5 p.m. FBCC Dine & Decorate 5:30-8 p.m. DESC Wheelchair Rugby 6-8:30 p.m. FBCC	18  Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC  Adaptive Bike Ride 6-7:30 p.m. KAMP  Wednesday Social Club 6-8:30 p.m. MNCC	Adaptive Fitness 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC Wheelchair Rugby 6-8:30 p.m. FBCC	20 Bocce & Dinner 5:30-8 p.m. KAMP Friday Social Club 6:30-9 p.m. DESC	21 Bike Ride & Picnic 9-11:30 a.m. KAMP
22	23 Fall Registration Opens for Boise City Residents  Adaptive Art 4:15-5:30 p.m. FBCC Adaptive Yoga 5:30-6:30 p.m. DESC	24 Adaptive Fitness 4-5 p.m. FBCC Disc Golf & Dinner 5:30-8 p.m. KAMP Wheelchair Rugby 6-8:30 p.m. FBCC	25 Fall Registration Opens for Non-Residents  Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Bike Ride 6-7:30 p.m. KAMP	26 Adaptive Fitness 4-5 p.m. FBCC Adaptive Music 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Wheelchair Rugby 6-8:30 p.m. FBCC	27 <b>Dinner &amp; a Movie</b> 5:30-8:30 p.m. DESC	28
29	30	31				

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## **MISSION STATEMENT**

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.

#### WHEELCHAIR RUGBY

This Paralympic Sport is a fast-paced and high contact team sport that is a lot of fun! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well! During practice you will have the opportunity to learn the rules, develop your skills and scrimmage. Rugby wheelchairs are provided for your use. Some aspects of rugby may be altered due to COVID-19 procedures. This program is for participants age 15 and older however youth under the age of 18 must be accompanied by an adult. Participants can enroll after the session starts, call 208-608-7680 to learn more.

Location: Fort Boise Community Center

Date:	Time:	Cost:	Activity #:
Tuesdays, June 8-Aug 24	6-8:30 p.m.	\$43.36	400706-01
Thursdays, June 10-Aug 26	6-8:30 p.m.	\$43.36	400706-02



# DON'T WAIT, REGISTER NOW! CALL: 208-608-7680

In order to provide the best possible service to our participants, we require advance registration for all of our programs. To sign up for any of the programs you see in this newsletter please come in or call Fort Boise Community Center at 208-608-7680. You can also sign up anytime online at *cityofboise.org/adaptive-recreation*. Sometimes courses fill up or are canceled because people wait too long to register. Please register early to avoid disappointment!

#### WE OFFER ACCOMMODATIONS FOR YOU!

New classes have begun! If you did not get the opportunity to sign up for AdVenture programs that are adapted for individuals with disabilities, we encourage you to sign up for other classes and programs offered through Boise Parks and Recreation. We can provide modifications (such as sign language interpreters, enhanced staff, etc.) so that you can fully participate. Upon registration please notify Emily at 208-608-7680 if special accommodations may be needed (at least two weeks advance notice is required).

### FINANCIAL SCHOLARSHIPS AVAILABLE

We offer financial scholarships to youth, seniors and adults with disabilities to help pay for Boise Parks and Recreation classes. If you would like a scholarship, please contact Fort Boise Community Center at 208-608-7680 or e-mail <a href="mailto:activities@cityofboise.org">activities@cityofboise.org</a>.

#### **TRANSPORTATION**

Participants are responsible for providing their own transportation to and from their home to the community center or park where the program is based out of. AdVenture staff are not responsible for individuals dropped off before the noted meeting time. Valley Regional Transit has a variety of transportation resources including the fixed route bus system, SHIP and ACCESS paratransit service. Call 208-345-7433 or visit valleyregionaltransit.org to learn more.