# BOISE PARKS AND RECREATION

2 O 2 O N E W S L E T T E R September & October

<image>

AdVenture is happy to announce that we are offering some Adaptive Recreation programs this fall! We hope these programs help participants get outdoors, stay active, and socially connected. We had a great turnout with summer programs and fall programs will look similar with a focus on small class sizes, physical distancing and outdoor opportunities whenever possible with the health and safety of the community in mind. Please note that fall 2020 activities, programs and reservations could be altered or canceled due to coronavirus (COVID-19) restrictions and safety precautions. Boise Parks and Recreation will continue to monitor the situation as it evolves and coordinate with state and local health officials, including Central District Health, throughout the fall season.

# Please view all of the AdVenture program offerings on pages 50-56 of the Boise Parks and Recreation Activity Guide at <u>cityofboise.org/activity-guide</u>. We are also happy to mail the Activity Guide to you. Give us a call at 208-608-7680 to request a hard copy.

We hope you will join us for some classes and activities! Advanced registration is required for all activities, please call 208-608-7680 or visit <u>cityofboise.org/activity-guide</u> to enroll (scholarships cannot be applied to online registrations). Walk in registration is not occurring at this time. If you have not already done so, now is the time to apply for a scholarship for classes that are held September 2020-August 2021. Download the application at <u>cityofboise.org/Adaptive-Recreation</u>.

The safety of our participants, volunteers and staff are our top priority. We will do the utmost to provide a safe environment for activities, however it is up to you to decide if in-person programs are the right choice for you at this time. Please visit <u>cityofboise.org/Adaptive-Recreation</u> to view details of AdVenture's plan to help minimize the spread of COVID-19 at AdVenture programs. Additionally, everyone in attendance will be asked to wear a mask to comply with the public health emergency order. Please remember to bring a face covering to programs, if you do not have one, we will provide a disposable face covering for you.

If you have any questions or would like to register for an activity, please give us a call at 208-608-7680. We hope to see you this fall!

## SEPTEMBER 2020

facebook.com/bpradventureprogram | cityofboise.org/adaptive-recreation

SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7 LABOR DAY	8 Tuesday Social Club 6-8:30 p.m. DESC	9 Wednesday Social Club 6-8:30 p.m. MNCC	10 Guy's Night 5-8:30 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	11 Friday Social Club 7-9:30 p.m. WCC	12
13	14 Walking Club 4-5:30 p.m. FBCC	15 Adaptive Bike Ride 5:30-7 p.m. KAMP Tuesday Social Club 6-8:30 p.m. DESC	16 Wednesday Social Club 6-8:30 p.m. MNCC Dine & Decorate 5:30-8:30 p.m. DESC	17 Ladies' Night 5-8:30 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	18 Zoo & Dinner 3-6:30 p.m. ZOO Friday Social Club 7-9:30 p.m. FBCC	<b>19</b> Bike Ride & Picnic 9:30 a.m12 p.m. KAMP
20	21 Walking Club 4-5:30 p.m. FBCC Adaptive Yoga Class 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	22 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Tuesday Social Club 6-8:30 p.m. DESC	23 Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Wednesday Social Club 6-8:30 p.m. MNCC	24 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Music Class 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Adaptive Bike Ride 5:30-7 p.m. KAMP Thursday Social Club 6-8:30 p.m. WCC	25 Dinner & a Movie 5:30-9:30 p.m. DESC Friday Social Club 7-9:30 p.m. FBCC	26 Bike Ride & Picnic 9:30 a.m12 p.m. KAMP Art Class 10-11:15 a.m. FBCC
27	28 Walking Club 4-5:30 p.m. FBCC Adaptive Yoga Class 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	29 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Tuesday Social Club 6-8:30 p.m. DESC	30 Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Bike Ride 5:30-7 p.m. KAMP Wednesday Social Club 6-8:30 p.m. MNCC			

#### **ABBREVIATION KEY & ADDRESSES**

BSU - Boise State University Student Union Building, 1910 University Dr.

DESC – Dick Eardley Senior Center, 690 Robbins Rd.

FBCC – Fort Boise Community Center, 700 Robbins Rd.

KAMP - Kristin Armstrong Municipal Park, 500 S. Walnut St.

MNCC - Morley Nelson Community Center, 7701 W. Northview St.

WCC - Whitney Community Center, 1609 S. Owyhee St.

ZOO - Zoo Boise, 355 Julia Davis Dr.

#### ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik & Sonya Buchholz 208-608-7680 TDD/TTY 800-377-3529 AdVentureProgram@cityofboise.org Cityofboise.org/adaptive-recreation



To register for an activity, please call 208-608-7680, or register online at cityofboise.org/adaptive-recreation

## OCTOBER 2020

facebook.com/bpradventureprogram | cityofboise.org/adaptive-recreation

SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Music Class 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	2 Mini Golf & Dinner 5-9 p.m. FBCC Friday Social Club 7-9:30 p.m. FBCC	<b>3</b> Bike Ride & Picnic 9:30 a.m12 p.m. KAMP Art Class 10-11:15 a.m. FBCC
4	5 Walking Club 4-5:30 p.m. FBCC Adaptive Yoga Class 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	6 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Tuesday Social Club 6-8:30 p.m. DESC	7 Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Bike Ride 5-6:30 p.m. KAMP Wednesday Social Club 6-8:30 p.m. MNCC	8 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Music Class 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Dine & Decorate 5:30-8:30 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	9 Birds of Prey & Trip 12-5:15 p.m. FBCC Dinner & a Movie 5:30-9:30 p.m. DESC Friday Social Club 7-9:30 p.m. FBCC	10 Extended Bike Ride & Picnic 9:30 a.m1:30 p.m. KAMP Art Class 10-11:15 a.m. FBCC Game Night 5-8 p.m. FBCC
11	12 Walking Club 4-5:30 p.m. FBCC Adaptive Yoga Class 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	13 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Tuesday Social Club 6-8:30 p.m. DESC	14 Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Bike Ride 5-6:30 p.m. KAMP Wednesday Social Club 6-8:30 p.m. MNCC	<b>15</b> Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC <b>Music Class</b> 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	16 Zoo & Dinner 3-6:30 p.m. Zoo Boise Friday Social Club 7-9:30 p.m. FBCC	<b>17</b> Art Class 10-11:15 a.m. FBCC Corn Maze & Lunch 11 a.m3 p.m. FBCC
18	<b>19</b> Art Class 4:15-5:30 p.m. FBCC Adaptive Yoga Class 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	20 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Tuesday Social Club 6-8:30 p.m. DESC	21 Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Bike Ride 5-6:30 p.m. KAMP Wednesday Social Club 6-8:30 p.m. MNCC	22 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Music Class 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Corn Maze & Dinner 15-9 p.m. FBCC Thursday Social Club 6-8:30 p.m. WCC	23 Pottery Lunch & Zoo 9 a.m3 p.m. FBCC Dinner & a Movie 5:30-9:30 p.m. DESC Friday Social Club 7-9:30 p.m. FBCC	24 Art Class 10-11:15 a.m. FBCC Carve Pumpkins & Lunch 11 a.m2 p.m. FBCC
25	26 Art Class 4:15-5:30 p.m. FBCC Adaptive Yoga Class 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	27 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Tuesday Social Club 6-8:30 p.m. DESC	28 Dance Ability 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC Adaptive Bike Ride 5-6:30 p.m. KAMP Wednesday Social Club 6-8:30 p.m. MNCC	29 Fitness Class 3-4 p.m. FBCC 4-5 p.m. FBCC Music Class 4:30-5:30 p.m. DESC 5:45-6:45 p.m. DESC Thursday Social Club 6-8:30 p.m. WCC	30 Friday Social Club 7-9:30 p.m. FBCC	31 Art Class 10-11:15 a.m. FBCC Halloween Party 5-8:30 p.m. DESC

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#### CITY of BOISE PARKS AND RECREATION

DEPARTMENT P.O. Box 500 | Boise, Idaho 83701-0500

ADDRESS SERVICE REQUESTED

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#### **MISSION STATEMENT**

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote selfconfidence, wellness and physical fitness leading to a more independent lifestyle.

#### DON'T WAIT, REGISTER NOW! CALL: 208-608-7680

In order to provide the best possible service to our participants, we require advance registration for all of our programs. To sign up for any of the programs you see in this newsletter please call Fort Boise Community Center at **208-608-7680**. You can also sign up anytime online at *cityofboise.org/ adaptive-recreation*. Sometimes courses fill up or are canceled because people wait too long to register. Please register early to avoid disappointment!

#### WE OFFER ACCOMMODATIONS FOR YOU!

New classes have begun! If you did not get the opportunity to sign up for AdVenture programs that are adapted for individuals with disabilities, we encourage you to sign up for other classes and programs offered through Boise Parks and Recreation. We can provide modifications (such as sign language interpreters, enhanced staff, etc.) so that you can fully participate. Upon registration please notify Emily at 208-608-7680 if special accommodations may be needed (at least two weeks advance notice is required).

#### FINANCIAL SCHOLARSHIPS AVAILABLE

We offer financial scholarships to youth, seniors and adults with disabilities to help pay for Boise Parks and Recreation classes. If you would like to apply for a scholarship, please contact Fort Boise Community Center at 208-608-7680 or e-mail *activities@cityofboise.org*.

#### TRANSPORTATION

Participants are responsible for providing their own transportation to and from their home to the community center or park where the program is based out of. AdVenture staff are not responsible for individuals dropped off before the noted meeting time. Valley Regional Transit has a variety of transportation resources including Access Bus, SCRIP Taxi vouchers and bus service. Call 208-345-7433 or visit *valleyregionaltransit.org* to learn more.

